



# Seaside Jewish Community News

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Adar II – Nissan 5779  
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## Schedule of Services

### Friday, April 5

Shabbat Rosh Chodesh Nisan  
Parashat Tazria (Leviticus 12:1 - 13:59)  
7:30 p.m. Shabbat Service  
Leader: Reb Lisa

### Friday, April 19

5:30 p.m. Passover Seder at The  
Clubhouse at Baywood Greens  
Deadline for reservations – April 9  
(see information flyer on page 11)

### Saturday, April 20

Shabbat & Passover Festival Service with  
Yizkor  
Parashat for 1st day of Passover (Exodus  
12:21-51)  
Haftarah (Joshua 5:2-6:1)  
9:00 a.m. Torah Study  
10 a.m. Worship and Yizkor Service  
Torah Study Leader: Reb Lisa  
Leader: Reb Lisa

## Oy Vey 5K!

SJC is excited about our 7th Oy Vey 5K, 1-mile walk, and kids' race. The event will be on Sunday, April 28, at 9 a.m., with race day registration beginning at 8 a.m.

We are again partnering with Seashore Striders to host a fantastic day of fun and fitness. We hope you will consider running, walking, volunteering, sponsoring, and/or supporting the race. Complete the registration form if you want to participate in the race and the sponsor form if you are willing and able to support the race financially (see insert). Both forms are also available on our website under About Us – Newsletter.

All proceeds benefit SJC's educational programs. To volunteer or ask questions, contact Joel Simon at 302-245-1386 or [joel.simon2420@gmail.com](mailto:joel.simon2420@gmail.com).

We need your help with the following:

**Sponsors.** Your business has a unique opportunity to support our race. As a sponsor your business will be represented in race materials and displayed prominently on our race shirts. Please complete the sponsor form and mail it to SJC.

**Volunteers.** Volunteers will be crucial on the morning of the race. We will need help with setup, parking, registration, food prep and service, the water stop, and directing traffic.

**Donating Food.** Community Service is partnering with Oy Vey 5K. Racers and volunteers are encouraged to bring the following

items to donate to the Epworth food pantry: hot and cold cereals, peanut butter, canned fruits, canned meats, 8-oz shelf-stable milk, canned vegetables, and spaghetti sauce.

**Chefs and Bakers.** Anyone who can make a dish for the postrace party would be a big help. This has always been a highlight of our race. Runners always compliment SJC for the food at the after party. We feature kugel at this event and would love one donated from you, but any dairy or parve food is fine.

We hope that many of you will join in the excitement as a participant, sponsor, volunteer, or all three! Let's build on the success of the last four years' events and make this one even better.

## Community Passover Seder Apr. 19

Passover begins at sundown on Friday, April 19, and continues until sundown Friday, April 26 (or Saturday, April 27, for those who observe 8 days). As has been SJC's tradition from our start in 1997, we will have a community Seder, which this year is scheduled for the first night of Passover, on Friday, April 19. Reservations (via a ticket purchase) are required and cannot be made any later than April 9.

See the flyer on page 11 with the information as to location and cost and how to purchase a ticket. The form is also on our website under "Worship."

*Hag Sameach*—a joyous festival.

## Board of Directors

### Co-Presidents

Buddy Feldman  
301-343-0469  
DrIrwin@verizon.net

Alyssa Simon  
302-245-1385  
foreverrose1897@gmail.com

### Vice President

Anita Smulyan  
302-703-2900  
anitasmulyan@comcast.net

### Secretary

David Udoff  
240-350-3258  
dudoff3@gmail.com

### Treasurer

Howie Hochman  
302-616-2592  
hhochm@gmail.com

### At Large Board Members

Carole Ash  
301-613-8317  
carole.ash18@gmail.com

Marsha Davis  
717-554-1244  
marshad501@gmail.com

Stanley Silverblatt  
443-324-2035  
stanley@silvelectricllc.com

### Religious Leader

Rabbinic Pastor/Cantor Lisa Levine  
443-824-3903  
RebLisa@yahoo.com

### Religious School Director

Joel Simon  
302-245-1386  
joel.simon2420@gmail.com

### Rabbi Emeritus

Rabbi Beth Cohen  
302-858-2374  
bethcohen@verizon.net

### Immediate Past President

Mike Saltzman, z'l

## Co-President's Message

– Alyssa Simon

Mike Saltzman was a pioneer at SJC. Those of us close to Mike know that he had a keen ability to foresee future and practical needs.

One such example was security. Mike saw a need for security at High Holy Days for our members and instituted the usher program. It was important to Mike to keep SJC's members safe and secure.

Our building is an important centerpiece of our community. We care for the building, its contents, and all who enter it. We work tirelessly to protect the precious, hallowed materials in this building. Even our new addition planning has safety and security in the forefront of our thoughts.

Just as we protect our own home and valuables, at SJC we also care about those issues. We make sure the building is locked when it is not in use. Even our Religious School locks the doors while our children are in session.

We continue to honor Mike's memory and foresight by keeping our building secure.

**Our weekly Email blasts on Thursdays contain important reminders and highlight our events. To sign up, go to the SJC website and click on the Sign Up Here button.**

### Sponsor Oneg-Kiddush

Have a Mitzvah? Do a Mitzvah! Be the Mitzvah!

Host Oneg Shabbat or Kiddush lunch. Celebrate your birthday, anniversary, or other milestone or just because.

Contact Irene Ullmann at 302-947-9123 or LLU1964@aol.com to reserve a date.

Check out details under Giving at [seasidejewishcommunity.com](http://seasidejewishcommunity.com)

## Message from Reb Lisa

When I was 8 years old, the *Bakersfield Californian* newspaper came to our house and took a picture of my family at our Passover table. My father was the President of our temple and a leader in the business community, and the paper wanted to help educate the mostly non-Jewish community about the significance and meaning of the favorite home holiday. I still have that picture, and it reminds me that the very essence of our lives is centered around our festival tables.

When we gather together with family and friends to remember our Exodus story and celebrate our freedom, we activate the DNA of memory locked into that place and time. Its memory still brings me a sense of deep gratitude and appreciation for all the blessings in my life. This year we are combining our Seaside home and our home holiday into one as we celebrate the first night of Passover together on Friday, April 19. I invite you to join us in what will surely be a festive, musical, and interesting Seder, led by me and enjoyed by all. If home is where your heart is, then Seaside will surely be filled with life and love this Passover.

Wishing everyone a very Zisn Pesach, a Sweet and Happy Passover!



### SJC Mission to Cuba 2020

(Jan. 24-Feb. 2, 2020)

Registration is open.

For more information see flyer on Cuba Mission on SJC website

## Committee Chairs

### Adult Education

Carole Ash, 301-613-8317  
carole.ash18@gmail.com  
Hank Smith, 302-644-1581  
hank.smith@gmail.com

### Cemetery

Harvey Fruman, 302-226-2209  
rehohef@verizon.net

### Communications

Jennifer Rubenstein, 302-841-0143  
sjc.jennifer@gmail.com  
David Udoff, 240-350-3258  
dudoff3@gmail.com

### Community Service

Anita Smulyan, 302-703-2900  
anitasmulyan@comcast.net  
Emily Eider, 610-781-4175

### Chesed

Anita Smulyan, 302-703-2900  
Phyllis Bloom, 302-945-5522

### Finance

Howie Hochman, 302-616-2592  
hhochm@gmail.com

### HHD Logistics

Andy & Susan Aaronson,  
302-278-7272  
AAaronson@aol.com  
SusanAaron@aol.com

### House

Mat Ash, 301-404-1471  
mash@newtekone.com

### Membership

Howie & Elaine Hochman  
302-616-2592  
hhochm@gmail.com  
beachgirl.elaine@gmail.com

### Multi-Faith

George Beckerman, 202-903-5060  
george7505@verizon.net

### Social

Fran Saltzman, 302-827-2751  
fesaltz@gmail.com  
Pat Powell, 302-829-1029  
ppowell1234@gmail.com

### Worship

Buddy Feldman, 301-343-0469  
DrIrwin@verizon.net

### Youth Education

Marjorie Kobrin, 914-419-2972  
marjkobr@gmail.com

### Newsletter Editors

David Udoff  
Reba Novich  
Noreen Spiegelman

## Alfred Gross Memorial Lecture on Apr. 13

Time is running out to register for the 12th annual Alfred Gross Memorial Lecture, which will take place on Saturday, April 13, at SJC. The event will include a catered lunch and a discussion to follow.

The keynote speaker, retired CNN world affairs correspondent Ralph Begleiter, will talk about "The Media and Politics in the Middle East." During the 1980s and 1990s, Mr. Begleiter interviewed countless world leaders, including Yitzak Rabin. The discussion after lunch will include Begleiter's personal reminiscence of the details about the assassination of Rabin. Mr. Begleiter was the last journalist to interview Rabin before he was killed.

The event, which begins with coffee at 10 a.m. and the lecture at 10:30 a.m., is free, but registration is required by visiting [SJC.yapsody.com](http://SJC.yapsody.com). If you don't use a computer, or you have questions, contact Susan Aaronson at (302) 278-7272.

Alfred Gross, an early member of Seaside, was committed to the importance of the practice of Jewish ritual and education. His widow, Suzanne Gross, sponsors the luncheon in his memory.

### Yoga Shalom at Seaside with Reb Lisa

Open your heart, quiet your mind & restore your spirit! Yoga Shalom is for everyone, whether you are sitting in a chair or have advanced Yoga experience. Bring a mat or towel, and dress comfortably!

All levels are welcome.

**Mon., April 1 at 9:30 a.m.**

**Mon., May 2 at 9:30 a.m.**

## Board/Committee Meetings

Meetings are at SJC unless otherwise noted. Meetings are open to SJC members.

*Board Meetings* – Sunday, April 14, 12:30 p.m., and May 19, 1 p.m.

*Adult Education* – Wednesday, April 3 and May 1, 4 p.m. (meets first Wednesday each month. This is a change in schedule).

*Chesed* – Friday, April 26\* and May 17, 10 a.m. (meets third Friday each month).

*Community Service* – Friday, Apr. 26\* and May 17, 10:45 a.m. (meets third Friday each month).

*Seaside Singers* – Friday, April 5 and May 3, 11 a.m. (meets first Friday each month).

If you are interested in joining the Seaside Singers, please join us for rehearsal!

**\*Change from regular meeting date due to conflict with Erev Pesach.**

## Ladies Lunch Deadline Apr. 11

Please join us for a Ladies Lunch on Wednesday, April 17, at noon at Baywood Greens, 32267 Clubhouse Way, Millsboro, DE 19966. We'll order lunch off the menu and receive separate checks.

Feel free to linger longer and bring your cards, Mah Jongg sets, etc. for an afternoon of fun and comradery.

For further details or to make a reservation before the **Thursday, April 11, reservation deadline**, call Bea Horn at 302-537-7098.

### Minutes of SJC Board

Minutes are available to interested members after the Board approves them. Copies may be obtained by contacting our Secretary.

### Student Dinners at Epworth

For the past 8 years, SJC has partnered with Epworth United Methodist Church through the International Student Outreach Program (ISOP) to feed the international students who work in our area during the summer. Epworth provides the meals, and Seaside provides the fruit and desserts. Meals are served every Tuesday night from 4:30 to 7 p.m. from May 28 to Sept. 3.

We welcome you to stop in at Epworth on any Tuesday during the summer to participate in this wonderful opportunity to meet and talk to students from all over the world. We are always in need of extra desserts. The students particularly love fruit pies and anything with chocolate.

Desserts can be dropped off at Epworth any time after 1 p.m. on Tuesdays. If you have any questions about this program, please contact Phyllis Bloom at 302-945-5522 or [prsbloom1228@gmail.com](mailto:prsbloom1228@gmail.com).

### Sofer on Site: How to Repair a Sefer Torah

On Sunday, April 7, Scribe Jeffrey Shulevitz will be at SJC to teach about Torah writing and repair.

11 a.m. to 12 noon – Religious School students and their parents

12:30 to 2 p.m. – Adults

Please join us!

#### Assistive Listening System

#### Available in Sanctuary

Ask Board Member or Meeting Leader to Obtain a Neck Loop or Ear Bud

### Brain Longevity Series

The Brain Longevity program continues at SJC on April 4 and 11, from 9:30 to 11:00 a.m. (these will be the last two sessions). Leslie Slan, SJC member and Alzheimer's Research and Prevention Foundation's (ARPF) certified Brain Longevity Specialist, and Kathy Brown, a certified yoga instructor and therapist, are presenting a five-part series on "The Four Pillars of Brain Longevity and Alzheimer's Prevention."

ARPF is dedicated to the prevention of Alzheimer's by funding integrative medicine research and providing educational outreach and memory screenings. They have published 30 research papers on lifestyle that can improve brain health even as we age.

The classes focus on nutrition and supplements, stress management, physical and mental exercise, and spirituality. The series is a research-based program of yoga and integrative therapies for brain health and healthy aging. It includes practical everyday strategies, restorative and chair yoga, and breathing and meditation techniques to keep your mind healthy. Please contact Leslie Slan at [lesslan@comcast.net](mailto:lesslan@comcast.net) or 301-908-7768 if you are planning to attend.

#### Parking at SJC

Please park on the hard asphalt strip closest to the building only if you have difficulty walking on the gravel. That way, the strip is available for those who need the firmer surface to walk safely.

### Jewish History Apr. 10

The Adult Education program, *Jewish Intellectual History*, will continue at SJC on Wednesday, April 10 and May 8, at 4 p.m. The lecture will focus on a primary feature of the Jewish experience in the 17th century, the return to Jewish life of large numbers of Iberian Christians whose ancestors had originally been baptized and left the Jewish community. Their experience sets the stage for understanding the philosophy of Benedict (Baruch) Spinoza. Renata Price will facilitate a discussion following Professor Ruderman's CD lecture.

### A Taste of Mussar Apr. 11

Our Mussar course continues on Thursday, April 11 and May 9 at 7:30 p.m. at SJC. We'll resume our March discussion on Enthusiasm and then tie it to the eight traits we've already studied: Humility, Patience, Gratitude, Compassion, Order, Equanimity, Honor, and Simplicity.

With Passover just a week after the class, check out this video of how the trait of Enthusiasm can show up in these holy days: *Chametz, Matzah, and the Middah of Enthusiasm (Zerizut): Philosophical and Practical Applications in a Woman's Life*: [www.ou.org/holidays/passover/chametz-matzah-zerizut/](http://www.ou.org/holidays/passover/chametz-matzah-zerizut/).

Mussar is a Jewish spiritual practice for elevating our inner lives as we explore and nurture our personal soul traits. Our group meets on the second Thursday of each month. We use *Everyday Holiness: The Jewish Spiritual Path of Mussar* by Alan Morinis as our guide. Call George Beckerman at 202-903-5060.

## “We Remember”

In recognition of Yom Hashoah (Holocaust Remembrance Day), the Progressive Interfaith Alliance (PIA) invites you to the **Interfaith Holocaust Service on Thursday, May 2, at 7 p.m.**, to be held at the **Metropolitan Community Church, 19369 Rd. 275, Rehoboth Beach**. Please join members of Seaside and other faith communities as they gather to sing, pray, and bear witness to the stories and memories of those who died during the Holocaust.

The guest speaker, Theodora Kayman, will share her witness as a Holocaust survivor. The Seaside Singers and choirs from several communities will join together in song.

Theodora Klayman was born in Yugoslavia. In 1941 she was away from home visiting her grandparents, when her parents and infant brother were arrested. Theodora spent the next few years being cared for and hidden by grandparents and sympathetic neighbors. Her Catholic uncle worked hard to ensure her safety and he adopted Theodora and her brother after the war ended.

This Service of Remembrance is sponsored by the PIA, which is a group of faith communities in the Rehoboth Beach/Lewes area who work together to support inclusivity and compassion and justice ministries.

For more information, contact Reb Lisa at [reblisa@yahoo.com](mailto:reblisa@yahoo.com).

### Join SJC Bowling League

Thursdays, 4:00, Millsboro Lanes

Or come to cheer us on!

Contact Leslie Gladstone

[LLGatty@gmail.com](mailto:LLGatty@gmail.com)

## “Cuba’s Forgotten Jewels: A Haven in Havana” May 19

The Adult Education Committee is excited to announce the showing of *Cuba’s Forgotten Jewels: A Haven in Havana*, scheduled on May 19 at SJC (time to be announced). This documentary film explores the forgotten era when the Caribbean island became a temporary gem hub after opening its doors to thousands of European Jews fleeing the Nazis.

SJC member Aida Wasserstein, who has a fascinating history that includes coming to the U.S. from Cuba as a child, will facilitate a post screening discussion. Save the date!

## New Member Shabbat

The New Member Shabbat will be held on Saturday, May 18, during our regular Saturday Shabbat Service. If you recently joined Seaside, we would be delighted if you come to services so that the congregation can celebrate your new membership with you.

All members are welcome to attend. We are very excited to hold this event and celebrate the continued growth of SJC. The membership committee will be sponsoring a kiddush luncheon following the service.

## Wednesday Mornings at Seaside

Every Wednesday, 9:00 to 10:30 a.m., you’ll find the SJC doors open for those interested in a contemplative, spiritual, peace-filled start to their day. Meditation, chant, and prayer are included. Everyone, including folks wanting to learn the practice of meditation, is welcome.

## Helping Hands at Seaside

During an illness or other difficult time, many of us could use some extra help—whether it’s having someone provide a home-cooked meal or assistance doing an errand. Did you know that at Seaside this type of temporary support is available through Helping Hands, a service of the Chesed committee?

Seaside members can provide meals, stop in for a friendly visit, or take care of errands. If your situation is ongoing, Helping Hands can help you find the long-term assistance you will need, with information and referrals to transportation services, social service agencies, or other community resources.

SJC is a family, so please reach out if you or any member you know needs help. Contact Ellie Flanzraich at 561-504-7922 for additional information.

## Haftarah Session Apr. 15

The Haftarah class will meet at SJC on Monday, April 15 and May 20, at 3 p.m. The session will focus on Shabbat Ha-Gadol—Malachi 3:4-24. Get ready for Passover with the Haftarah that is read on the Shabbat preceding the festival.

Who was Malachi and why does his message conclude Prophets? What is the relevance of his message to Passover? Why does Elijah the Prophet visit each of our Seders? What makes this reading so appropriate to launch Passover?

## Yes, You Can!

Have you ever wanted to attend an SJC event but thought you couldn’t afford it? SJC policy is to work with you if you have a financial hardship. Please contact the treasurer to confidentially discuss your situation.

## Purim Party Recap

SJC's youth celebrated Purim on March 17 with activities for young people and the young at heart. The Religious School children had previously prepared cards, masks, and bags for Mishloach Manot. On the 17th, the children enjoyed creating their own bags of Hamentachen and making masks. Activities were led by Wendy Kessler, Anita Smulyan, and Bea Horn.

The children were then joined by teens from SJC, the Islamic Society of Central Delaware, and Epworth United Methodist Church for Megillah reading, songs, and fellowship. Reb Lisa Levine and Joel Simon led these activities which included an interactive Megillah where the children acted out the scenes being read.

After a pizza lunch, the teens remained for an icebreaker and a multicultural activity and discussion relating the Purim story to the modern experiences of Christians, Jews, and Muslims in America.

## BBYO/Teen Update

The teens' game night planned for March 16 was postponed due to the plans for the multifaith Purim celebration on March 17. Stay tuned for more information about the new date for game night.

Any teens interested in being part of BBYO or SJC's teen events should contact Sara Rosen at [boysies.rosen@gmail.com](mailto:boysies.rosen@gmail.com) or Joel Simon at [joel.simon2420@gmail.com](mailto:joel.simon2420@gmail.com).

## Sharing Shabbat Returns

The Social Committee is sponsoring Sharing Shabbat this year on Friday, May 17. The event, held on an evening when there are no Shabbat services, will be a chance for us all to celebrate Shabbat with a comfortable meal. We are looking for volunteer host families to welcome members into their homes and provide the dinner's main course. Other members who desire to join in the observance will contribute part of the meal as a guest. Our goal is to get to know each other better in the relaxed environment of members' homes.

We especially want to encourage our newer and less active members to participate. For more details, please call or email Fran Saltzman at (302) 827-2751 or [fesaltz@gmail.com](mailto:fesaltz@gmail.com).

Let us know your address, whether you can host, and how many guests you prefer, or if you would rather be a guest. Final date for responding is May 1. Everyone who has participated in previous years has had a great time, so we hope many of you will join us this year.

## Jewish Film Festival 2019— Huge Success!

The Rehoboth Beach JFF, as it's fondly called, had another amazing run this year. This event, a collaboration between the Rehoboth Beach Film Society (RBFS) and Seaside Jewish Community, took over the Cinema Arts Theater the weekend of Mar. 13-17.

The films shown were wide-ranging, from documentaries about a female Hasidic ambulance corp and mambo dancers in Miami and the Catskills to feature films handling the Holocaust from several angles.

Members of our own congregation spoke and addressed the timely issue of anti-Semitism in Europe after a film set in Norway on this subject. We even hosted the director and producer as they spoke about their film, which was having its East Coast premiere at JFF. Several screenings were sellouts, and films were shown for a second screening in the new smaller theater.

This festival came together through the efforts of many people, first, and foremost, Sue Early and Marshall Shord from RBFS, whose professionalism and dedication to this project is on-going year-round. Thanks go to the advertisers and film sponsors for their contributions and to the members of the film selection committee. Finally, we are grateful to the amazing audiences whose attendance has made this event a yearly tradition.

### Dorothy Shor

#### Memorial Mah Jongg

Every Tuesday, 12:30 p.m.

Lunch at 11:30

Green Turtle Five Points  
17388 N Village Main Blvd  
Lewes, DE 19958

We teach Mah Jongg to anyone wishing to learn.

For more information please contact

Deborah Markow at:

443-310-9462 or [debnarm@aol.com](mailto:debnarm@aol.com)

## Mitzvah Opportunities

**Mitzvah Day at the Delaware Food Bank, April 10:** We still have some slots open for additional volunteers. We will be assisting by sorting and/or packing food at the facility, located at 1040 Mattlind Way, Milford. We will meet at Seaside at noon to carpool to Milford for our three-hour shift, from 1 to 4 p.m. *All volunteers must pre-register.* Contact Emily Eider at [emilye2287@gmail.com](mailto:emilye2287@gmail.com) to sign up and receive instructions on how to register online.

**Children's Book, Al Gross Memorial Lecture, Saturday, April 13:** Please bring new or gently used books to this event to be donated to the Cape Henlopen School District Bookmobile, which visits neighborhoods during the summer months to distribute free books to children in need. Books for children birth through fifth grade are needed most.

**Non-Perishable Food Drive, Oy Vey 5K, Sunday, April 28:** Our collection will benefit the Epworth food pantry. You may drop off non-perishable food items between 8 and 10 a.m. at the race or on Friday, April 27, between 10 a.m. and noon at Seaside.

**Kugels and Baked Goods for Oy Vey 5K:** Providing an after-race breakfast to participants has been a tradition for many years. Please call Anita Smulyan at 302-703-2900 if you would like to volunteer to donate an item. Drop off at Seaside on April 27 between 10 a.m. and noon or on race day between 8 and 9 a.m.

**Food Rescue:** Volunteer to collect food donations from area restaurants and businesses to deliver to the Epworth food

pantry. Contact Hank Smith at 302-644-1581 if you would like to help.

**Epworth Soup Kitchen (ongoing):** The next date is Sunday, April 14, with food preparation on Friday, April 12. Contact Dill Patz, [dillpatz@msn.com](mailto:dillpatz@msn.com), 302-537-4368.

**Please note:** Last year the Community Service Committee announced that we will hold several collection drives each year to benefit the community, such as our diaper, coat, and non-perishable food drives. This is in lieu of using a basket outside the sanctuary for collecting food items. In the past year or so we have held several successful drives and will continue to sponsor these opportunities, including children's book and canned food drives this month. Thank you to all of those who have participated, and we look forward to the continued support of our members.

## Bible Museum Trip Jun. 13

The First Presbyterian Church of Milford has extended an invitation for us to join them on a bus trip to the Museum of the Bible in Washington, D.C., on June 13.

The bus will depart at 7:30 a.m. from Lowe's parking lot in Lewes and leave the museum at 5 p.m., arriving home between 7 and 7:30 p.m. Cost is \$30 per person, including admission to the museum and bus transportation. For more information about the museum, visit [www.museumofthebible.org](http://www.museumofthebible.org). Signup will be available in May.

## Multi-Faith Committee Update

The Multi-Faith Committee, now with 19 members, will hold its first formal monthly meeting on Thursday April 4, from 4 to 5:30 p.m. at Seaside. Monthly meetings will be held on the first Thursday of each month, same time and place.

Two upcoming Committee events for Seaside members and others in the community at large will be offered in collaboration with the Adult Education Committee. They are a major meeting on June 9 with our Multi-Faith partners—Islamic Society of Central Delaware (ISOCDe) and Epworth United Methodist Church—on our Holy Texts, and a series of meetings and workshops building on the March 26 Town Hall on Racism and Anti-Semitism that Seaside co-sponsored with the Southern Delaware Alliance for Racial Justice and Women's March Sussex.

Kudos to Joel Simon and his team for the excellent Purim Party. It was an observance, learning, and bridge-building experience for a full house, including 30 teens from Epworth, ISOCDe, and Seaside.

Seaside Leadership sent a Letter of Condolence to our ISOCDe partners about the massacre in the mosques in Christchurch, New Zealand. See the letter on page 10. For additional information about the Committee, contact George Beckerman at [george7505@verizon.net](mailto:george7505@verizon.net).

## In The Community

### *Refuah Shleimah - Get Well Wishes*

We send our prayers and healing energy to SJC members and loved ones of members who have been hospitalized or injured in recent weeks or who are facing or have had health challenges.

Allyn Fruman  
Mary Helms  
Brianna Krupp  
Lucy Mehl  
Barry Morrison  
Sam Smulyan  
Fran Sneider  
Steve Tishler  
Len Ullmann  
Wendy Walker  
Ira Wexler



אבותינו ואמותינו, אברהם, יצחק,  
וישקב, שרה, רבקה, רחל ולאה,  
הוא יברך את החולים...

### *Nihum Avelim – Comforting the Mourners*

Our sincerest condolences go to **Roberta Bass** and her family on the loss of her daughter Geri Bass Geil. Zichrona Liv'racha. May Geri's name and memory always be for a blessing.

We send our heartfelt condolences to **Lucy Mehl** and her family on the passing of her twin brother Leonard Schneider. Contributions in Leonard's memory can be made to Seaside Jewish Community or the local SPCA.

Our heartfelt condolences go to **Pat Powell** and her family on the loss of her daughter Jamie Powell. Donations in Jamie's honor can be

made to Seaside Jewish Community Building Fund in Jamie's memory.

Please contact SJC Religious Leader Reb Lisa Levine at [reblisa@yahoo.com](mailto:reblisa@yahoo.com) or 443-824-3903 if you would like to add the name of someone you love to the SJC healing prayer list or to the list of family members who have died or if there is a celebration or milestone in your life that you want to share with the SJC family.

### House Committee Update

The House Committee has been working hard to move the building addition from the planning stages to completion. We met on March 18 to hear reports from our subcommittees and to meet with our architectural designer and construction manager and a report of an earlier meeting with our interior designer.

In the next 60 days, we plan to accomplish the following: complete the final drawings, distribute the drawings and instructions to our four interested bidders, finalize all regulatory permit applications for review, agree on specifications for the upgrades to the audio/visual and security systems, and finalize the interior design proposal.

A tentative date for the next Committee meeting has been set for April 3 at 7 pm, but that could change based on the timeliness and availability of our consultants.

The work of many SJC members has made this project possible, and we are always open to more participation. Contact Mat Ash if you have an interest in our work or any questions about our project.

Contact Mat Ash at 301-404-1471 or [mash@thesba.com](mailto:mash@thesba.com).

## Happy Birthday to our Members



04/03 Gabriella Fox  
04/03 Fran Gage  
04/03 Jacob Lapidés  
04/04 Mark Eider  
04/04 Larry Kramer  
04/05 Fred Mitzner  
04/05 Barbara Passikoff  
04/07 Rebekah Namrow  
04/07 Andrea Silverstein  
04/08 Linda Weiss  
04/09 Jeffery Fried  
04/09 Elaine Hochman  
04/09 Gail Tannenbaum  
04/11 Josh Bach  
04/11 Taube Carpenter  
04/11 Judith Stormer  
04/12 Yahli Gan  
04/12 Leslie Kaplan  
04/12 Beth Joselow  
04/12 Ellen Passman  
04/13 Charles Jacobs  
04/13 Rosalyn Matz  
04/14 Diane Kane  
04/14 Sherry Leichman  
04/15 Andy Feinberg  
04/15 Janet Koch  
04/15 Howard Menaker  
04/15 Enid Zafran  
04/16 Hallie Wallack  
04/18 Arthur Fox  
04/18 Eileen Siner  
04/19 Marty Goff  
04/19 Philip Saxe  
04/20 Lonny Klein  
04/22 Laura Jacob  
04/23 Allyn Fruman  
04/23 Jocelyn Kaplan  
04/23 Mindy Sosne  
04/25 Bette Goldman  
04/26 Celia Aufdemberge  
04/26 Allan Levin  
04/26 Madeleine Waxman  
04/27 Joan Gordon  
04/27 Myron Wollard  
04/28 William Kaplan  
04/28 Philip Keats  
04/29 Andrea Barros  
04/29 Barry Morrison  
04/29 Neil Trugman  
04/30 Amalia Fruchtmán  
04/30 Jill Levick-Persico

**Thank You**

SJC gratefully acknowledges the following donations received as of March 11.

**Building Fund/Capital Campaign**

Dan & Dahni Barkley in memory of Mike Saltzman

Lori Bernstein

Dan & Dahni Barkley in memory of Mike Saltzman

Emily & Mark Eider

Mark & Brenda Frisch

Stuart Galkin

Sol & Nina Glasner

Rebecca Havard

Ellen Passman

Idylle B. Patz

Sol & Beverly Peltz

Marty Rosensweig

Stanley & Cynthia Silverblatt in memory of Mike Saltzman

Stanley & Cynthia Silverblatt in memory of Jamie Powell, beloved daughter of Pat Powell

Stanley & Cynthia Silverblatt for a speedy recovery to Allyn Fruman

Edward & Patricia Simon

Joel & Alyssa Simon

Alan & Noreen Spiegelman in memory of Jamie Powell

Alan & Noreen Spiegelman wishing Allyn Fruman a full and speedy recovery

David Udoff & Jennifer Kappeller  
Peter Zoll

**Community Services**

Emily & Mark Eider in memory of Mike Saltzman

Jerry & Susan Klavans wishing a speedy recovery to Allyn Fruman

Jerry & Susan Klavans with condolences to Pat Powell on the loss of her daughter Jamie

Brina & Brian Krupp in memory of Mike Saltzman

Lisa Levine for the Chesed program in honor of Rabbi Beth Cohen for her leadership and kindness

Myra Sachs in memory of Mike Saltzman

Myra Sachs with get well wishes to Allyn Fruman

Fran Saltzman in memory of Jamie Powell, daughter of Pat Powell

**General Fund**

Nancy Campbell in memory of Mike Saltzman

Gerald & Jane Fain in memory of Michael Saltzman

Jan & Beverly Feidel in memory of Jane Sharenow, beloved wife, mother and grandmother

Sol & Nina Glasner in memory of Jamie Powell

Rebecca Havard

Howard & Elaine Hochman in memory of Jamie Powell

Eleanor Melamed & Robert Sonenthal in memory of Mike Saltzman – “Thank you for the beautiful memorial service.”

Barry & Reba Novich in memory of Michael Saltzman

Pat Powell

Fran Saltzman with thanks to the whole Seaside Community for all your love and support shown to both Mike and me

Jeffrey & Linda Samuels in memory of Mike Saltzman

Myra Schein in appreciation of assistance and love

Sharon & Robert Schreter

Jeffrey & Linda Samuels in memory of Mike Saltzman

Eric & Robin Schwartz

George Stern & Jane Lynn in memory of Mike Saltzman

Shirley Weiner wishing a Happy Birthday and speedy recovery to Allyn Fruman; and a Happy Birthday to Barry Morrison

Barbara P. Wood in memory of Mike Saltzman

**Religious Leader Discretionary Fund**

Fran Saltzman in honor of Reb Lisa for the meaningful and beautiful memorial service for Mike Saltzman

Peter Zoll

**Religious School**

Hank Smith in memory of Debi Smith

**Ritual Object Fund**

Marilyn & Buddy Feldman in memory of Jamie Powell, daughter of Pat Powell

Marilyn & Buddy Feldman in memory of Mike Saltzman, husband of Fran Saltzman

Marilyn & Buddy Feldman in honor of Carole Ash's birthday

**Youth Education Fund**

Marjorie & David Kobrin in memory of Mike Saltzman

**New Members**

Melvyn Woloshin

Deborah Zoltick

**Onegs/Kiddush**

Larry & Janet Koch in honor of their anniversary and birthdays

**Yahrzeit Plaques**

Honor your departed loved one by having a plaque mounted on the wall in the sanctuary. It takes 3 months to receive them.

**SJC Cemetery**

Reserve Your Plot(s) today.

Contact Harvey Fruman at 302-226-2209 or rehohef@verizon.net

*A letter with the below text was sent by Seaside Jewish Community to the Islamic Society of Central Delaware on March 18 in the wake of the tragic shootings at two mosques in Christchurch, New Zealand:*

We at Seaside Jewish Community want to express our heartfelt condolences to your community on the tragic murders at the mosques in Christ Church, New Zealand.

Your overwhelming support for Seaside after the brutal attack at the synagogue in Pittsburgh was so helpful as we tried to cope with that senseless act of hatred and prejudice. We hope that our strong commitment to the welfare of your community will help you in your process of healing. We stand with you in believing that threats of violence should never prevent us from attending our places of worship and expressing our values.

We pray that the hatred and violence that has been our shared history will continue to draw our communities together as one family in faith and hope.

May God keep us all safe from evil.

Alyssa Simon, Co-President  
 Dr. Irwin Feldman, Co-President  
 Reb Lisa Levine, Religious Leader

**Pastoral Support:  
 Just a Phone Call Away**

Pastoral support is available to visit patients at local hospitals, nursing homes, and rehab facilities. We can help families dealing with the death of a loved one. Our Religious Leader is available to help families through the rituals and processes surrounding death, including funeral and burial, Shiva, and notifying the SJC community. Other SJC members take care of providing a Shiva tray, meal of comfort, or a contribution. Contact SJC's Religious Leader or SJC's Chessed and Community Service Chairs. See page 2 for their contact information.



Reb Lisa Levine, Imam Arqum Rashid, and Dr. Joel Simon at the SJC Purim Party, March 17.

**Helping Hands**

SJC offers support to members who are ill, grieving, homebound, or just need a helping hand. Available support includes sending cards, visiting people at home, preparing and delivering meals, picking up groceries and prescriptions, small repairs around the house, and running errands. New Helping Hand team members are welcome. Contact Anita Smulyan at 302-703-2900. If you can provide a meal, call Cynthia Mervis at 302-212-2692.

**Donation Form**

(Please print clearly)



Seaside Jewish Community  
 P.O. Box 1472  
 Rehoboth Beach, DE 19971

Complete this form and mail it along with your check to the above address. You can also donate by clicking on the "donate" button on the home page at [www.seasidejewishcommunity.com](http://www.seasidejewishcommunity.com).

Enclosed is a donation in the amount of: \$ \_\_\_\_\_ for:

- General Fund (unrestricted)
- Restricted for:
  - Adult Education Programs
  - Alfred Gross Scholars Fund
  - Building Fund/Capital Campaign
  - Cemetery Program
  - Community Service Programs
  - Religious Leader Discretionary Fund
  - Religious School Programs
  - Ritual Object Fund
  - Worship Programs
  - Youth Education Fund

In Memory/Honor of (optional):

Please send notification of this donation to (Name/Address) (optional):

**Donor Info:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Thank you again for your generosity. SJC is a 501(c)(3) organization; our tax id is 52-2060467 and contributions are tax-deductible to the extent allowed by law. Consult your tax advisor for details. Questions? Please leave a message at (302) 226-8977.

**Seaside Jewish Community 23<sup>rd</sup> Annual Passover Seder**  
**1<sup>st</sup> Night Friday, April 19, 2019 5:30 p.m.**

The Clubhouse at Baywood Greens  
32267 Clubhouse Way (off Route 24)  
Millsboro, DE 19966  
*Valet Parking Available*

**DEADLINE: Tickets must be purchased online by April 9**

<b><u>Adults - \$50 each</u></b>	<b><u>Children (13 &amp; under) - \$15 each</u></b>
<i>Chicken Soup w/Matzo Ball</i>	<i>Chicken Soup w/Matzo Ball</i>
<i>Salad</i>	
<i>Choice of Entrée</i>	<i>Choice of Entrée</i>
<i>Roasted Turkey Breast</i>	<i>Hamburger (No bun)</i>
<i>Salmon</i>	<i>Chicken Breast</i>
<i>Vegetarian</i>	
<i>Mixed Fresh Vegetables</i>	<i>Apple Sauce</i>
<i>Roasted Potatoes</i>	<i>French Fries</i>
<i>Dessert</i>	<i>Dessert</i>

*Questions about the Seder? Call Anita Smulyan at 302-703-2900 or Gail Tannenbaum at 302-827-2627*

**DEADLINE: Tickets must be purchased online by April 9**

- Go to [sjc.yapsody.com](http://sjc.yapsody.com)
- Click on "MORE INFO" next to the "2019 Passover Seder" event.
- Click on "Get Tickets."
- From the drop down, select the number of tickets for each entrée choice.
- Review summary on RIGHT HAND SIDE. If correct, click "SAVE TO CART."
- Provide names of attendees and a phone number.
- A summary of the tickets you selected and the total cost are on the right side of the screen.
- Click "PAY WITH PAYPAL."
- If you have a PayPal account, click "LOG IN". If you don't have a PayPal account, complete the credit card and billing information to use the "GUEST CHECKOUT."
- Click Continue.
- Email [seasidejewishcommunity@gmail.com](mailto:seasidejewishcommunity@gmail.com) if you have problems with the site.



Seaside Jewish Community  
 P.O. Box 1472  
 Rehoboth Beach, DE 19971

**Support Our Sponsors**  
 If you would like to advertise, contact [sjc-newsletter@googlegroups.com](mailto:sjc-newsletter@googlegroups.com)



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 Fax: 833 330 7469

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# Oy Vey, 5K *Run and Walk*

## 5K Race / 1 Mile Fun Walk

**Proceeds benefit the educational programs at  
Seaside Jewish Community**

3.1 MILE OUT & BACK COURSE ON THE JUNCTION BREAKWATER TRAIL OF CAPE HENLOPEN STATE PARK

### REHOBOTH BEACH, DELAWARE

- When: **Sunday, APRIL 28, 2019 beginning at 9:00 am**
- Where: Seaside Jewish Community, 18970 Holland Glade Rd, Rehoboth Beach, DE 19971 (Located next to Rehoboth Little League)
- Produced By: Seashore Striders with Chronotrack Chip timing & finish line services provided by the Seashore Strider Event Production, Inc.
- Registration: \$25 Pre-Registration by 4/26, \$30 Race-Day Registration beginning at 8:00 am
- Awards: Awards presented to the Overall & Master Champions, as well as to the top three finishers, in the following nine age groups: 9 & U, 10-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over.
- Amenities: T-shirts guaranteed to the first 100 registered, water stops and breakfast provided featuring homemade kugel.

Online registration by 4/26/19. (One application per participant required).

#### MAIL IN REGISTRATION FORM

If you are unable to register online, please mail in this form by 4/22/19 with your payment payable to:  
Seashore Striders, Oy Vey 5K, P. O. Box 99, Nassau, DE 19969

#### Event: Seaside Jewish Community 5k

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M or F

Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Pre-registration: \$25 Race Day, \$30 Day of Event: 5k: \_\_\_\_\_ 1 M Walk: \_\_\_\_\_

Tech Unisex Shirt : \_\_\_YL \_\_\_SM \_\_\_MD \_\_\_LG \_\_\_XL Tech Women's \_\_\_SM \_\_\_MD \_\_\_LG \_\_\_XL

#### WAIVER

I know that competing in a 5K Run/Walk can be a hazardous activity. I should not enter unless I am medically able and properly trained. Having read this waiver, I for myself and anyone acting in my behalf, waive, Seashore Striders, Seaside Jewish Community, Seashore Strider Event Production, Inc., Road Runners Club of America, City of Rehoboth Beach, Rehoboth Little League, State of Delaware and all sponsors from all claims and liabilities resulting in my participation in this event.

Signature: _____	Date: _____	Official use only <b>BIB:</b>
Parent Signature (under 18): _____	Date: _____	
Emergency contact/phone: _____	Name: _____	



**FOR RACE INFORMATION CALL Seashore Strider DIRECTOR TIM BAMFORTH**  
(302) 644-8952 or email [tim@seashorestrider.com](mailto:tim@seashorestrider.com)  
or Joel Simon, SJC, (302) 245-1386 or [joel.simon2420@gmail.com](mailto:joel.simon2420@gmail.com)  
Register Online at [www.seashorestriders.com](http://www.seashorestriders.com)  
or by mail to: SEASHORE STRIDERS; P.O. BOX 99; NASSAU, DELAWARE 19969

Oy Vey, 5K and Walk Sponsor Form

**Event Date: April 28, 2019 at 9 AM**

**Seaside Jewish Community, 18970 Holland Glade Road, Rehoboth Beach, DE**

**Race will benefit the educational programs at SJC**

*Race registration details and more information can be found at [www.seashorestriders.com](http://www.seashorestriders.com).*

<p><b>Mensch Sponsor (\$500+):</b> Recognition on the event website and related press materials</p> <p>Opportunity to provide company information, business cards, and/or giveaway items at registration/check in table</p> <p>Three free race entries</p> <p>Opportunity to set up table/exhibit in the registration area (day of the event)</p> <p>Business name at mile marker signs</p> <p>Announcement of business name at the beginning of the race</p> <p>Name or logo of business on race shirts</p>	<p><b>Tzadik Sponsor (\$250+):</b> Recognition on the event website and related press materials</p> <p>Opportunity to provide company information, business cards, and/or giveaway items at registration/check in table</p> <p>Two free race entries</p> <p>Opportunity to set up table/exhibit in the registration area (day of the event)</p> <p>Announcement of business name at the beginning of the race</p> <p>Name or logo of business on race shirts</p>	<p><b>Mazel Tov Sponsor (\$150+):</b> Recognition on the event website and related press materials</p> <p>Opportunity to provide company information, business cards, and/or giveaway items at registration/check in table</p> <p>One free race entry</p> <p>Name or logo of business on race shirts</p>
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**OTHER SPONSORSHIP OPPORTUNITIES**

In-kind prize donations, gift certificates to your business, free products, or food for post-race party

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**To become a sponsor, return this form with a check made payable to the Seaside Jewish Community, PO Box 1472, Rehoboth Beach, DE 19971, no later than 4/10/19.**

**Business Name** \_\_\_\_\_ **Primary Contact** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Sponsorship Level:** \$500 \_\_\_\_\_ \$250 \_\_\_\_\_ \$150 \_\_\_\_\_ Other \_\_\_\_\_

**I intend to use my complimentary registration(s)** Yes \_\_\_\_\_ No \_\_\_\_\_

***Thank you for your support***